

Downeast Public Health District

Maine Shared Community Health Needs Assessment *(CHNA)*

Priority updates since the 2022 Shared CHNA

September 20, 2024

Hancock and Washington Counties



MaineGeneral Health



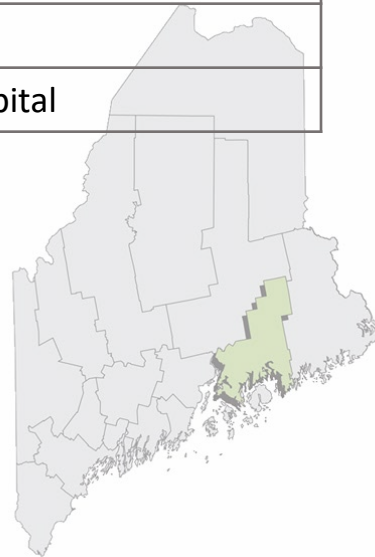
MaineHealth



Thank you, Shared CHNA local sponsors!

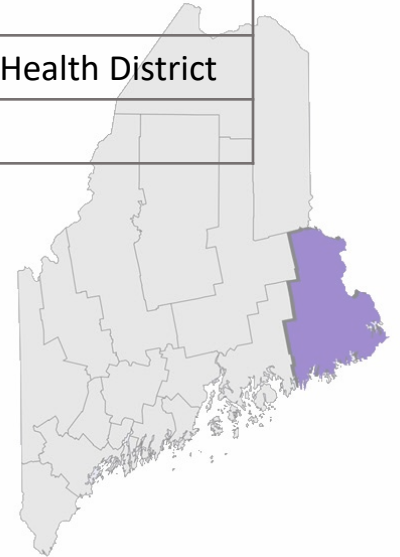
Hancock County

Downeast Community Partners
Hancock County Emergency Management Agency
Healthy Acadia
Maine CDC Downeast Public Health District
Mount Desert Island Hospital
Northern Light Blue Hill Hospital
Northern Light Maine Coast Hospital



Washington County

Beth Wright Cancer Resource Center
Calais Community Hospital
Community Caring Collaborative
Down East Community Hospital
Downeast Community Partners
Healthy Acadia
Maine CDC Downeast Public Health District
Northern Light Health



Hancock County

District, CAP, and Hospital priority areas of work since the 2022 Shared CHNA



Mental Health

Downeast District Public Health Infrastructure Plan
Mount Desert Island Hospital
Northern Light Acadia Hospital
Northern Light Eastern Maine Medical Center
Northern Light Maine Coast Hospital

Social Determinants of Health

Downeast District Public Health Infrastructure Plan
Mount Desert Island Hospital
Northern Light Acadia Hospital
Northern Light Eastern Maine Medical Center
Northern Light Maine Coast Hospital

Substance Use

Downeast District Public Health Infrastructure Plan
Mount Desert Island Hospital
Northern Light Acadia Hospital
Northern Light Eastern Maine Medical Center
Northern Light Maine Coast Hospital

Access

Downeast District Public Health Infrastructure Plan
Mount Desert Island Hospital

Older Adult Health & Safety

Prevention for Chronic Disease

Emergency Operations Prep.

Downeast District Public Health Infrastructure Plan

Climate Core

Elder Services

Maine Climate Council

Whole Family Approach

Downeast Community Partners

Hancock County Emergency Management Agency and Healthy Acadia's work spans all categories.

Washington County

District, CAP, and Hospital priority areas of work since the 2022 Shared CHNA



Access

Calais Community Hospital
Down East Community Hospital
Downeast District Public Health Infrastructure Plan

Cancer

Calais Community Hospital
Down East Community Hospital

Cardiovascular Disease

Calais Community Hospital
Down East Community Hospital

Mental Health

Downeast District Public Health Infrastructure Plan
Northern Light Acadia Hospital
Northern Light Eastern Maine Medical Center
Northern Light Maine Coast Hospital

Social Determinants of Health

Calais Community Hospital
Down East Community Hospital
Downeast District Public Health Infrastructure Plan
Northern Light Acadia Hospital
Northern Light Eastern Maine Medical Center
Northern Light Maine Coast Hospital

Substance Use

Calais Community Hospital
Down East Community Hospital
Downeast District Public Health Infrastructure Plan
Northern Light Acadia Hospital
Northern Light Eastern Maine Medical Center
Northern Light Maine Coast Hospital

Climate Core

Elder Services

Maine Climate Council

Whole Family Approach

Downeast Community Partners

Older Adult Health & Safety

Prevention for Chronic Disease

Emergency Operations Prep.

Downeast District Public Health Infrastructure Plan

Beth C. Wright Cancer Resource Center, Community Caring Collaborative, Eastern Area Agency on Aging, Harrington Family Health Center, Healthy Acadia, Maine Seacoast Mission, St. Croix Regional Family Health Center, Sunrise County Economic Council, University of Maine at Machias' work spans all categories.



Downeast District: Community Benefit Organizations

Community based organizations (CBO's) are nonprofit groups working locally to improve life for residents.

Areas of focus include:

- Access
- Cancer & Health Literacy
- Cardiovascular Disease
- Emergency Preparedness
- Healthy Aging
- Palliative Care
- Physical Activity, Nutrition
- Social Determinants of Health

....and many more

The Downeast District's **Local Shared CHNA planning team members**, in both Hancock and Washington, work to improve the health of community members through these focus areas and many more.

Beth C. Wright Cancer Resource Center
Community Caring Collaborative
Eastern Area Agency on Aging
Hancock County Emergency Management Agency
Harrington Family Health Center
Healthy Acadia
Maine Seacoast Mission
St. Croix Regional Family Health Center
Sunrise County Economic Council
University of Maine at Machias

Downeast District Public Health Infrastructure Plan, Calais Community Hospital, Down East Community Hospital, Downeast Community Partners, Mount Desert Island Hospital, Northern Light Acadia Hospital, Northern Light Blue Hill Hospital, Northern Light Eastern Maine Medical Center, Northern Light Maine Coast Hospitals' work spans all categories.

Partnerships & Key Accomplishments

Hancock County



911 Dispatch
 Age Friendly Coastal Communities
 Age Friendly Sullivan
 Allied Health Professionals
 AOS 91/Local schools
 Aroostook Mental Health Center
 Beth C. Wright Cancer Resource Center
 Blue Hill Police Department
 Birch Bay Village
 Blue Hill Chamber of Commerce
 Blue Hill Consolidated School
 Blue Hill Fair
 Bridging Neighbors Project
 Build Green Maine
 Calais Community Hospital
 Children's Development Services
 Children's Oral Health Network of Maine
 Comfort Cases
 Community Caring Collaborative
 Community Compass
 Community Health & Counseling Services
 Community Outreach
 Deer Isle Stonington Coalition on Substance Use
 Deer-Isle Stonington High School
 Department of Health & Human Services
 DHHS-OCFS Child Protective Services
 Down East Family YMCA
 Downeast Community Partners
 Downeast Horizons
 Downeast LHOs
 Downeast MRC Unit
 Downeast Partners for Children and Families
 Downeast Restorative Justice
 Downeast Substance Treatment Network
 Eagles Nest Clubhouse
 Early Childhood Care Providers Group
 Eastern Maine Development Corp.
 Eastport Healthcare
 Ellsworth Chamber of Commerce
 Ellsworth Public Library

Emmaus Shelter
 EMS Providers
 Families First Community Center
 Federally Qualified Health Centers
 Friends in Action
 Good Shepherd Food Bank
 Governor's Office of Energy
 H.O.M.E.
 Hancock County Emergency Management Agency
 Hancock County Jail
 Hancock County Sheriff's Office
 HC/WC Homeless Providers Coalition
 Health Acadia Prosper
 Health Care Coalition Downeast
 Healthy Acadia
 Healthy Island Project
 Healthy Peninsula
 Heart of Maine, United Way
 Help Me Grow
 Homeless Provider Resource Network
 Hospice Volunteers of Hancock County
 Hub and Spoke Clinical Advisory Council
 Inspire Warming Center
 Integrated Care model (RN, LCSWS, health coaches)
 Kids Peace
 Loaves and Fishes
 Maine CDC Health and Environmental Testing Lab
 Maine CDC Prevention Program
 Maine CDC Public Health Nursing
 Maine Coast Fisherman
 Maine Department of Corrections
 Maine Families
 Maine Health Access Foundation
 Maine Housing
 Maine Seacoast Mission
 Maine State Police
 Media
 Medical Neighborhood Team
 Memorial Ambulance Service
 Mount Desert Biological Laboratory

Key Accomplishment Examples:

Improved volunteer bases for programmatic expansion efforts
 Capacity building to increase access to care
 Food insecurity efforts established and enhanced
 Maine First Climate Corps
 Substance use messaging and training efforts provided
 Mental health messaging and training efforts provided
 Electronic Health Records enhanced to connect individuals with SDOH services
.....and many more

Mount Desert Island Hospital
 Next Step Domestic Violence Project
 Nichols Day Camp
 Northern Light Blue Hill Hospital
 Northern Light EMMC
 Northern Light Acadia Hospital
 Northern Light Home Care Services
 Northern Light Maine Coast Hospital
 Nursing
 Open Table MDI
 Opiate Free Island Project
 Opiate-Free Island Project
 OPTIONS
 Passamaquoddy Sipayik Health Center (Pleasant Point)
 Passamaquoddy Tribal Health Centers
 Pharmacies
 Prosper Consortium
 Regional School Unit 24

Restored Hope
 Restored Hope for Recovering Addicts
 Rotary Club
 Simmering Pot
 Special Children's Friends
 St. Croix Regional Health Center
 Stonington High School
 Substance Use Prevention Council
 Sunrise Opportunities
 The Connection Initiative
 The Early Childhood Interest Group
 Town of Blue Hill LHO
 Union 93 & 76
 UPenn collaboration
 Washington County Community College
 Washington County Emergency Management Agency
 WIC (Women, Infants, and Children)

Partnerships & Key Accomplishments

Washington County



911 Dispatch
 Area Businesses, Health Agencies, & Schools
 Arise Addiction Recovery
 Arostook Mental Health Services
 Baileyville Recreation Department
 Beth C. Wright Cancer Resource Center
 Build Green Maine
 Calais Community Hospital
 Calais Recreation Department
 Calais Skatepark
 Children's Development Services
 Children's Oral Health Network of Maine
 Comfort Cases
 Community Action Groups
 Community Caring Collaborative
 Community Health and Counseling Services
 Department of Health and Human Services
 Down East Community Hospital
 Down East Hospice
 Down East Youth Soccer Association
 Downeast Community Partners
 Downeast District Public Health
 Downeast Horizons
 Downeast MRC Unit
 Downeast Partners & Friends
 Downeast Partners Collaboration
 Downeast Restorative Justice
 Eastern Area Agency on Aging
 Eastern Maine Development Corp.
 Eastport Healthcare
 Emmaus Shelter
 EMS Providers
 Federally Qualified Health Centers
 Food Banks/Pantries
 General surgeons
 Good Shepherd Food Bank

Governor's Energy Office
 Hancock County Emergency Management Agency
 Hancock County Jail
 HC/WC Homeless Providers Coalition
 Harrington Family Health Center
 Health Acadia Prosper
 Health Care Coalition Downeast
 Health Equity Alliance
 Healthy Acadia
 Heart of Maine, United Way
 High school girls basketball teams
 HOME Inc.
 Homeless Provider Resource Network
 IAQs
 Indian Health Services
 Kids Peace
 Little League
 Local papers
 Maine CDC Public Health Nursing
 Maine Department of Corrections
 Maine Families
 Maine Health Access Foundation
 Maine Housing
 Maine Recovery Advocacy Project
 Maine Seacoast Mission
 Maine State Police
 Maine State Police Liaisons
 Mount Desert Island Hospital
 NAMI
 Next Step Domestic Violence Project
 Northern Light Acadia Hospital
 Northern Light Blue Hill Hospital
 Northern Light EMMC
 Northern Light Home Care Services
 Northern Light Maine Coast Hospital
 Office of Policy Innovation & Future

Key Accomplishment Examples:

Promoted cancer screenings and education efforts
 Primary care provider & general surgeon recruited
 Free mammograms offered
 Food insecurity efforts established and enhanced
 Housing assessments
 Well water testing
 Maine First Climate Corps
 Substance use messaging and training efforts provided
 Connections to build palliative health and hospice services
 Mental health messaging and training efforts provided
 Electronic Health Records enhanced to connect/refer individuals to SDOH services
.....and many more

Passamaquoddy Tribal Health Centers
 Public Health
 Radio Stations
 Safe Harbor Recovery Home
 Sarah's House
 St. Croix Regional Family Health Center
 St. Croix Regional Health Center
 Sunrise County Economic Council
 Sunrise Opportunities
 The Connection Initiative
 Tobacco Free Hospital & Campus Organization
 University of Maine, Machias
 University of New England
 Washington County Community College
 Washington County Emergency Management Agency
 Washington County High Schools
 Washington County Middle/Jr High Schools
 WIC

Accomplishments of Note Hancock & Washington Counties



Update on Selected Priorities and Activities since the 2022 Community Health Needs Assessment - Hancock County

In response to the 2022 Community Health Need Assessment (CHNA) along with community input, hospitals and local public health districts developed their own three-year strategies and plans. The Community Action Programs developed their plans in response to community input and their 2022 Community Needs Assessment. Below are these organization's updates on their selected priorities and activities since the 2022 Community Health Needs Assessment. One full year of implementation has taken place to date in 2023, 2024 implementation work is currently underway with 2025 work on the horizon for implementation activity on these identified priorities.

For a number of organizations listed in this document priority work spans across multiple counties throughout Maine though their physical location may be in one county.

Priority	Activities
Organization – Downeast Public Health District Infrastructure	Building of a model conducted in Oregon, the Health Council met with Aroostook Mental Health the Maine CDC Prevention Program in 2023 to and outreach to reduce the ideation of suicide. on data found that certain businesses are typical an individual considering suicide would go--bank shelter--and the program focus was to have staff locations trained in a suicide first aid approach and suggesting a referral before the individual with it.
Mental Health	Reviewing the data results from the Local Public Assessment and 2022 Shared CHNA in 2023, this committee developed a one-year 2024 work plan with objectives on the transition of crisis mental health services emergency departments to community-based health services.

Update on Selected Priorities and Activities since the 2022 Community Health Needs Assessment - Washington County

In response to the 2022 Community Health Need Assessment (CHNA) along with community input, hospitals and local public health districts developed their own three-year strategies and plans. The Community Action Programs developed their plans in response to community input and their 2022 Community Needs Assessment. Below are these organization's updates on their selected priorities and activities since the 2022 Community Health Needs Assessment. One full year of implementation has taken place to date in 2023, 2024 implementation work is currently underway with 2025 work on the horizon for implementation activity on these identified priorities.

For a number of organizations listed in this document priority work spans across multiple counties throughout Maine though their physical location may be in one county.

Priority	Activities	Partners	Key Accomplishments
Organization – Downeast Public Health District Infrastructure Plan			
Mental Health	Building off a model conducted in Oregon, the Downeast Public Health Council met with Aroostook Mental Health Center and the Maine CDC Prevention Program in 2023 to discuss a training and outreach to reduce the ideation of suicide. The focus based on data found that certain businesses are typical the last places an individual considering suicide would go--bank, hotel, animal shelter--and the program focus was to have staff at these locations trained in a suicide first aid approach, looking for signs and suggesting a referral before the individual went through with it.	Downeast Public Health Unit staff (district liaison), Aroostook Mental Health Center, Maine CDC Prevention Program (suicide program).	Review of current psychological first aid that banks, hotels and other establishments are provided. Considered curriculum for suicide first aid course. Put on hold for time being.
Mental Health	Reviewing the data results from the Local Public Health System Assessment and 2022 Shared CHNA in 2023, this committee developed a one-year 2024 work plan with objectives focusing on the transition of crisis mental health services from hospital emergency departments to community-based crisis mental health services.	Aroostook Mental Health Center, Maine CDC, Hospitals, Federally Qualified Health Centers, EMS Providers, 911 Dispatch, Individuals with persistent mental health needs and services.	The committee focused on creating an outreach for educating hospitals and health care providers about the new model of crisis mental health. Short-term plan is to educate individuals with mental health needs to transition from automatically calling 911 and going to the emergency room to now call the crisis mental health community team, to minimize unnecessary hospital visits and minimize the crisis in the home and community environment.

Stakeholder Forums

Downeast Shared Community Health Needs Assessment Stakeholder Forums:

Hancock County

- **Date:** September 24
- **Time:** 9:00 am –noon
- **Location:** Moore Community Center

Washington County

- **Date:** September 26
- **Time:** 9:00 am –noon
- **Location:** Maine Veteran's Home – activity room